

## January 2014

### Presidents Corner:

Fellow members I would be remiss if I did not mention the hazards that confront us as Senior Citizens. We need to watch what we are doing, even though at times we try to do more than we are physically able. Just those members we know about who have been injured primarily by falls. Among those hurt June, broke her leg in two places and still waiting for surgery, C.J. who was been in rehab for two months, he is now at home do rehab. At our ages health is of primary concern. Please take the extra time to watch your step and see your doctor regularly, take those flu shots! .

Welcome to "YOUR" Roseburg Senior Center!

### Thank the ones who did and do the work!

Monday January 21 what a day. We had four cookie makers, two people cleaning the storage areas, one person adding space to the pantry, one overseer, and a couple doing inventory of food products. Unfortunately all but two were the same board members that show up every day just to keep our doors open.

### 60+ Caf'e

Doris Loveday 60+ Caf'e is doing well. We have introduced sandwiches to go along with our soup and they are very popular. Lunch is served Monday, Tuesday and Wednesday starting at 11:00 am until Bingo or Pinochle starts playing. We are serving more drop in customers everyday. Remember, lunch then shopping or off to the movies. Or too tired to cook after shopping all morning, stop by for lunch then head home for the afternoon

### Woodcarvers

Donna Johnstone Reports: The South County Carvers meet at the Roseburg Senior Center every Tues from 9:00 am to 11:00 am. The Umpqua Carvers meet at the Roseburg Senior Center every Wed from 9:30 am to 11:30 am. Many individuals are members of both groups. Our carvers range in skills from beginners to advance. We have some classes to help carvers with projects they wish to accomplish or learn. Newcomers are welcome. People who come to the carving club for the first time generally have a number of questions. Although we do not have an appointed teacher or greeter, there is always someone who can

help. People want to know: how to get started carving, will there be help from club members, what supplies are needed, are there patterns available, are specific projects required, etc.?

### **Thoughts of The Immediate Future:**

The Newsletter needs feedback, information, photos, and please submit stories about what you and your fiends have participated in that's fun. Encourage your friends to attend some of our functions. We would also like to hear about adventures away from here.